Improper Use of Medicines the Worst Enemy of Good Looks.

QUACKS SHOULD BE AVOIDED.

cause different action of se pamed specifics, an disinfecting decayou teeth and stomagn, the

hot. It is no use to try to but a military to

painting the dreaded "little line" of lend police they appear so in nine cases out of ten. But the

MRS. THEODORE SUTRO ON THE CRIMINAL POOR.

She Believes That Their Condition Can Be Improved Only by Employment, Just How to Get Up a First-



n manufactured by the Globbe by his Junior Re-

A MENU FROM OLD MADRID

Class Spanish Dinner.

DISHES NEW TO AMERICANS.

Dainties and Delicacies of the Dons

by the base of the law an idea that the lew evenings ago, when they dired with a ley have a siderent idea now. The dinner as declared to be one of the best yet given by the cinb. The menu was strictly Spanish and as

the ciblets of a fowl, six ounces

Spanish cross are made like this: Stamp out diameter and one-aighth of an inch thick." Fry

over the fire aid two tomatoes

Spanish Salad: Put in a solod bowl a head of tweet opports out in rings, three hard-boiled eggs cut to slices and a large Spanish onion sliced. Make a dressing of oil, vinegar, mustard, salt and pupper and pour it over the saind just before

The cost of the material for the dinner was as follows: One quart of Spanish oil, which served for frying the crusts, the egg plant and for dress-ing the saind, harry cours. Material for soup, neef, thirty celts; pork, six cents; giblets, five cours, plant of peas, six cents; leeks, carrot, chervil and mint, afteen cents; squanges, eight conts; small bettle of olsees, afteen cents; eyes alad and steak, ten cents; tomatoes, ten cents; pents, cream, fourteen couts; sugas, four cents; correct cents, buffer, fourteen cents. Total

insvenients of veterans and with a grace far be



